

CV for the position of Rhythmic Gymnastics Chairman

Name: ELENA

KUSHNERENKO

How I became involved in gymnastics

I have always been fascinated by physiological and psychological aspects of child development. After finishing my MSc degree in physiology and development of nervous system (including sports physiology), I continued with a PhD in cognitive developmental psychology and further as a research scientist specializing in child psychology.

I came into gymnastics in 2009 as a mother of three gymnasts and gradually became more and more involved by volunteering at various events. My first big involvement was taking part in organisation of the 1st international London Cup competition (2011). I have since co-organised the 2nd and 3rd London Cups (2012, 2013), liaising with more than 15 clubs from all over the world. These events were highly successful and left the participants with lots of good memories. Together with coaches in the LSA we have also organised a number of community events (e.g. show for the Olympic Champions of the past years, show for the local community of the Newham Council, etc). I have also been actively involved in representing Rhythmic Gymnastics at the London Festival of Gymnastics in 2011 and 2012.

Current involvement with a club and/or London Gymnastics

In addition to helping with organization of sport and public events for the LSA club, I continued my involvement with rhythmic gymnastics by personal development and obtained my Judging qualification in 2012. I have successfully revalidated it in 2013. Since then I have judged at 12 competitions and volunteered as a line judge/time keeper/apparatus control at British Championships and NDP Finals.

Since 2013, I am also a Welfare Officer for the LSA. As a psychologist, I continuously monitor gymnasts' psychological well-being and work on the development of better strategies for our gymnasts to fulfil their full potential in the competitive sport environment. In 2014 I became a member of Zone A Committee.

I successfully engage myself in refining existing procedures as indicated by the fact that my comments on the Novice execution form were appreciated and accepted last year. I have also communicated my suggestions on the improvement of procedure and criteria of BQT to the Rhythmic Gymnastics Technical Committee.

What I would bring to the Region

My ambition is to make London region the leader of the UK rhythmic gymnastics. This can only be done through i) facilitating cooperation between clubs; ii) ensuring that everyone follows transparent procedures and good practices; iii) establishing an efficient communication between BG and clubs' representatives; iv) continuous education of judges and coaches. Therefore, I will dedicate my time as a Chair to achieving these goals.

CV for position of Regional Chairman

I will also concentrate on improving gymnasts' development protocols. I will use my expertise in physiology and psychology to help transforming current gymnasts' assessment procedures into a coherent system that will help them strive at the national and international levels.

With this in mind I shall be promoting more training courses for judges and coaches and will make sure that regular updates on the development of the discipline are distributed among clubs.

As a very organized, responsible person, a good team player with high standards of professional ethics I will become the first contact point and a source of information for all members of rhythmic gymnastics community in London region.

Dr Elena Kushnerenko

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at the Institute for Research in Child Development, UEL

County Judge, Event Organiser and Welfare officer at LSA